

GLUTEN FREE REQUEST FORM

**** REQUESTS MUST BE RECEIVED NO LATER THAN 90 DAYS PRIOR TO SAILING ****

We cannot guarantee fulfillment of any items ordered less than 90 days prior to sailing.

Gluten free meals are served in the main dining room only. Maximum of three Gluten free products from each list below, per person per day (ie., for a 7-day sailing each category will total 21 items). Please indicate number of items required under each category. Additional meals may be requested at a charge of \$2.00 per item. Please confirm receipt of your order 30 days prior to sailing is recommended. *(Effective 03/07. Items are subject to change. If requested item is not available onboard, ship's staff will suggest alternate)*

Booking **No.**

Guests:

Ship:

Sailing Date:

Cabin:

Agent/Phone:

Please Note: We can serve all types of meats, fish, or vegetable dishes Gluten free as they will be prepared without flour or any gluten added products. We can provide any of the below items with the proper 90 day advance notice. Any requested items not on this list should be sent via a separate fax to 1-800-207-3547 Please be aware that additional charges may apply for special order items.

PASTA

Quantity (choose up to 3 items per day)

- _____ Rice Spaghetti
- _____ Rice Fettuccini
- _____ Penne
- _____ Elbow Pasta

Additional number of items over allowance \$2.00 per Item:

- _____ Bread products
- _____ Pasta
- _____ Dessert
- _____ Total

- _____ Check Enclosed
- _____ Please use credit card on file
- _____ Card type _____
- _____ Last 4 digits _____

BREADS/MUFFINS/BUNS

Quantity (choose up to 3 items per day)

- _____ White Sandwich Bread (each slice counts as 1 item)
- _____ Brown Sandwich Bread (each slice counts as 1 item)
- _____ Multi Grain Bread (each slice counts as 1 item)
- _____ Tapioca Rice English Muffins
- _____ Bagels
- _____ Assorted Muffins

DESSERTS

Quantity (choose up to 3 items per day)

- _____ Chocolate Cake
- _____ White Cake
- _____ Brownies
- _____ Assorted Cookies (2 per serving)

MISCELLANEOUS

Quantity (choose up to 3 items per day)

- _____ Small Pizza/Pizza Dough
- _____ Cold Cereals
- _____ Pancakes / Waffles

**Please return to Holland America Line-
Ship Services Department no later than 90
days prior to sailing
Fax: 206-508-8518
Email : HAL_Ship_Services@hollandamerica.com
Mail: 300 Elliott Ave. West, Seattle, WA 98119**

**** Please note: These meals are only available on board and are not provided by HAL on any land portions including pre/post overnights and/or cruise tours. ****